

POLSKA ADAPTACJA SKALI WYMIARÓW ROZWOJU TOŻSAMOŚCI (*DIDS*)*

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POLISH ADAPTATION OF *DIMENSIONS OF IDENTITY DEVELOPMENT SCALE (DIDS)*

Summary. The paper presents the Dual-Cycle Model of Identity Formation, a theory formulated in recent years by researchers from the Catholic University of Leuven, Belgium, as well as a questionnaire created to verify the assumptions of this theory – the *Dimensions of Identity Development Scale (DIDS)*. The authors make an overview of results of studies carried out using *DIDS* and describe the development process of the questionnaire itself. Since *DIDS* is currently being adapted for application in Poland, reports of the progress of the adaptation process and ratings of the psychometric value of this questionnaire are presented as well.