

## KWESTIONARIUSZ POCZUCIA PUNKTUALNOŚCI ZDARZEŃ ŻYCIOWYCH (PPZŻ): KONSTRUKCJA I ANALIZA WŁAŚCIWOŚCI PSYCHOMETRYCZNYCH\*

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### *SENSE OF LIFE EVENTS PUNCTUALITY QUESTIONNAIRE (SLEP): CONSTRUCTION AND PSYCHOMETRIC CHARACTERISTICS*

**Summary.** The paper presents the construction stages of the *Sense of Life Events Punctuality Questionnaire* in three versions – for early, middle and late adults. Work on the questionnaire proceeded in several steps. The starting point was an analysis of the developmental tasks associated with the three stages of adulthood, which were then divided into three domains: I. Relationships and family; II. Education and work; III. Free time and leisure. The first stage consisted in preparing initial content for each of the three versions of the questionnaire. In stage two the aptness of said content (with regard to both terminology and categorization) was evaluated by competent judges. During stage three, 307 adults were diagnosed using experimental versions of the questionnaire (112 of those were young adults, 22-39 years old; 109 were middle adults, 42-60; 86 were late adults, 61-85). Finally, stage four consisted in carrying factor analyses, for each age group separately. In this way the factor structure in each version of the questionnaire could be identified (3, 5 and 5 factors, respectively) and their reliability assessed by Cronbach's *alpha*.